

NEDS Resonance Coefficient Formula $R = \frac{I}{D}$

INSTRUCTIONS FOR APPLYING THE NEDS Resonance Coefficient Formula

Intended for: Certified NEDS Practitioners

Topic: Quantification of the internal field via the resonance coefficient

This formula serves as the practitioner's **internal compass** during a session. Its purpose is to precisely define the state of the client's field at any given moment and to determine which intervention is the priority.

1. BASIC EQUATION (FORMULA COMPONENTS):

$$R = \frac{I}{D}$$

Where:

- **I (Integration):** The degree of recognition of the internal architecture. Every identified, named, and spatially located **neuro-entity** increases the value of *I*.
- **D (Distortion):** The total level of internal noise. This includes **neuro-parasites**, rationalizations, somatic tension (body spasm), and emotional resistance that blocks the flow.
- **R (Resonance):** The outcome of the session. A state in which the field becomes transparent, silent, and integrated.

This coefficient is not an objective metric, diagnostic instrument, or external measurement. It is an intersubjective calibration tool used by the practitioner for internal orientation during the session and for longitudinal comparison of the client's process over time.

2. METROLOGY AND CALIBRATION OF VARIABLES (*I* and *D*)

The practitioner does not guess the numbers; they **read** them through the level of presence and clarity in the field. Use this scale to precisely determine values before, during, and after the session.

1. CALIBRATION OF DISTORTION (*D*) – The Level of Internal Noise

Distortion measures the resistance preventing the client from sensing the field. The practitioner determines it through somatic markers and the client's speech.

- ***D* = 1–3 (Flow / Green Zone):** The client is present in the body, breathing is deep, and there is no doubt in the process.
- ***D* = 4–6 (Noise / Yellow Zone):** The client is trying but constantly "escaping" into analysis. They frequently use words like: "*maybe*", "*I don't know*", "*it feels strange*". There is mild muscle tension.
- ***D* = 7–10 (Wall / Red Zone):** **Neuro-parasites** dominate. The client is entirely "in their head," rationalizing, doubting, or in a state of spasm. If ***D* ≥ 7**, the field is "closed," and the exclusive priority is the **NED-Parasite Cleanse**.

2. CALIBRATION OF INTEGRATION (*I*) – The Strength of the Internal Signal

Integration measures how clear and detached the internal architecture has become from the client's personality.

- ***I* = 1–3 (Fog):** The problem is vague ("*I feel bad*", "*Some kind of pressure*"). No shape, no location; the client is "sucked into" the problem.
- ***I* = 4–6 (Mapping):** The entity is located and described. The client says: "*It's a stone in my stomach, heavy and black.*" There is clear dissociation (the client sees the entity as an external object).
- ***I* = 7–9 (Architecture):** The client sees the relationships. They understand why the entity is there and how it communicates with other parts. The field is clear and stable.
- ***I* = 10 (Resource):** The entity is fully transformed and integrated. The client feels that energy as their own strength.

3. HOW TO "READ" THE NUMBER (Triangulation)

To determine the value, the practitioner verifies three pillars:

1. **Speech:** What does the client say? (Logic vs. Experience)
2. **Somatic Response:** What is the body doing? (Spasm vs. Release)
3. **Field Resonance:** What do *you* feel? (Do you feel flow in your own field, or are you "hitting a wall" while talking to the client?)

IMPORTANT NOTE: Always record the starting R at the very beginning (R_{start}). Even if the client ends with a mediocre number, comparing it to the initial chaos provides exact proof of the transformation's success.

3. SESSION APPLICATION PROTOCOL

Step 1: Initial Scan (Diagnosis of initial D)

Before commencing the work, assess the client's distortion on a scale of 1 to 10.

- **Question for the Practitioner:** "How much is the client 'in their head' (rationalizing) or in a state of spasm?"
- **Action:** If $D > 7$, the session cannot begin with I (Identification). You must first perform a **NED-Parasite Cleanse** to reduce the **denominator**.

Step 2: Mapping (Increasing I)

Through the *Identify* and *Explore* steps, the client names the entities.

- Each time the client says: "*This is my Critic, he is standing here and he is black,*" the value of **Integration (I)** increases.
- The field becomes defined. Chaos is transformed into **architecture**.

Step 3: Intervention (Decreasing D)

Through **NED-Release** and **Resonant Titration**, the energetic charge is discharged.

- As **Distortion (D)** falls, the **Resonance Coefficient (R)** rises.
- Even if we have only one integrated entity ($I = 1$), if the distortion is reduced to zero ($D \rightarrow 0$), the client enters a state of **pure resonance**.

4. DECISION-MAKING TABLE (Quick Guide)

The practitioner uses the formula to determine the session strategy:

Formula State	What You Observe in the Client	Intervention
High D	The client doubts, analyzes, and has a "but" for every word you say.	STOP. Perform a neuro-parasite cleanse. Do not proceed further into the process.

Low I	The client does not feel their body; everything feels "the same"; the field is foggy.	Focus on Identify. Use sensory parameters (shape, color, weight).
I increases, D is static	The client knows everything about themselves but still feels bad (intellectual insight only).	Focus on Release. Stop the talking; go directly to energetic release.
D→0	Silence in the field, relaxed body, deep inhalation.	Grounding. End of session and integration into the internal architecture.

5. HOW TO USE THE FORMULA DURING A SESSION

1. **Initial Assessment:** On a scale of 1–10, what is the **Distortion (D)** in the client's field? (e.g., The client is anxious, $D = 9$).
2. **Identification:** Increase **Integration (I)** through the work. As the client names an entity, I grows.
3. **The NEDS Mathematical Paradox:** The more we reduce D (through **Release**), the more **Resonance (R)** grows exponentially, even if I remains constant. This is why **silence ($D \rightarrow 0$)** is the most powerful state of resonance.
4. **Final Check:** At the end of the session, we ask: *"How much silence is in the field?"* This is the measure of Resonance (R).

TRACKING PROGRESS (Documentation)

The practitioner records the change in the coefficient in their session log. For example:

- **Start:** $I = 1$ (vague problem) / $D = 9$ (high stress) $\rightarrow R = 0.11$
- **End of Session:** $I = 3$ (clearly defined parts) / $D = 1$ (silence and peace) $\rightarrow R = 3.0$

Mathematical Conclusion: The representation shows that the resonance in this example has increased nearly **30 times**.